

Reduce Your Carbon Footprint

Carbon emissions are a major cause of global warming. Therefore, measuring, and then, reducing, your carbon footprint will reduce your carbon emissions. An American household typically generates 55,000 lbs. of carbon dioxide annually. In contrast, German households contribute 27,000 lbs. and Swedish households only 15,000 lbs. Here are several suggestions of how to reduce your carbon footprint and how much carbon dioxide will be saved. They are taken from *The Low Carbon Diet*, published by The Empowerment Institute (www.empowermentinstitute.net/lcd/).

- ✚ Turn off your computer and printer at night.....1,160 lbs.
- ✚ Car pool to cut out 25 miles of driving/week.....1,500 lbs.
- ✚ Replace meat with vegetarian meals one day/week700 lbs.
- ✚ Check your tire pressure monthly360 lbs.

Glorian Berk 283-2638

Editor's note: This feature on preserving our environment will appear in each edition of The Voter. The Natural Resources Committee is also evaluating various ideas for their next project.